



WELLNESS FOR LIFE

HEALTHY AND STRONG FROM THE INSIDE OUT



Become a  
BHRT Balance  
Member

# HORMONE BALANCE AT WELLNESS FOR LIFE

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At Wellness for Life we provide a comprehensive health history and laboratory evaluation to determine if you are a candidate for hormone replacement therapy.

Reasons for hormone replacement include the onset of menopause (natural or surgical), andropause (testosterone deficiency) and even perimenopause.

We discuss with each patient the risks and benefits associated with hormone replacement. Both your personal health history and your family history will impact how you will likely respond to HRT.

With HRT the goal is not only to relieve symptoms of low estrogens or androgens, but also to prevent disease!





## WHY BALANCE YOUR HORMONES?

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Maintaining adequate and balanced **estrogen and progesterone** levels are associated with:

- Improved bone density
- Reduced risk for heart disease
- Collagen production
- Improved insulin sensitivity
- Reduces risk of degenerative eye disease
- Reduces risk of neurocognitive decline
- Reduced endometrial and cervical cancers
- Improved mood

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Adequate **testosterone** levels are associated with:

- Improved lean muscle
- Improved base metabolic rate
- Improved libido-sex drive
- Reduced risk of cardiac events
- Improved bone density
- Reduced risk neurocognitive decline

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In short, maintaining adequate hormone levels not only prevents disease, but it also leads to improved mood, better sleep, and a stronger body and mind!



## OUR HORMONE BALANCING MEMBERSHIP DETAILS

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Hormone replacement can entail oral, topical, injectable, or subcutaneous routes of administration. While we do prescribe most methods of HRT, we have found by far the most preferred and successful method is subcutaneous pelleting.

Our subscription program for HRT with pelleting includes the following:

- 12 months of HRT-
- Pelleting every 3 or 6 months (men only)
- Provider follow up visits
- Laboratory tests post-pelleting
- Monthly supply of supplements to support hormone conversion pathways
- Access to all supplements we offer at 15% discount
- Exclusive access to member only promotions

\*Must sign an agreement with a 6-month minimum agreement.

\*Auto payments posted on the 1st or the 15th of each month.

\*Read the subscription agreement for full details of services and products.



## OTHER WELLNESS FOR LIFE SERVICES

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### AESTHETICS

Targeted injectables for natural results to help restore youthful volume to your face or smooth the appearance of wrinkles.



### SKINCARE

Professional skincare services like facials and chemical peels to keep your skin looking healthy, youthful, and luminous!



### IV THERAPY

Micronutrients customized to support your wellness goals delivered with hydration to boost your overall health & nutritional status.



## ABOUT US

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Wellness for Life is your local full service functional medspa equipped with the tools and expertise to serve as your partner in wellness.

Everything we do at Wellness for Life is about helping you feel your best! We want you to get up every day, excited about life and full of energy.

Our passion is to get to the root cause of what is happening with you. We work collaboratively with you to dig deep and find out what is causing the symptoms and heal you from the inside out!

## CONTACT US

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Scan the QR code to connect with us online!

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